

MAHĀVAKYA

In the Indian tradition some mantra are known as mahāvākya or great sayings. They often express and re-mind us in a poetic way of the presence of the eternal Awareness (Cit) within the everyday flux (Citta) of existence.

This is one such mahāvākya renowned and beautiful in its profound simplicity as a heuristic means for revelation.

tat tvam asi ||

- That thou art

chāndogya upaniṣad VI.13.1

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