

॥ aṭha samādhīpādaḥ ॥

aṭha yogānuśāsanam | 1 |

yogaścittavṛttinīrodhaḥ | 2 |

tadā draṣṭuḥ svarūpe'vasthānam | 3 |

vṛttisārūpyamītaratra | 4 |

vṛttayaḥ pañcatayyaḥ kliṣṭākliṣṭāḥ | 5 |

pramānavīparyayavikalpanidrāsmṛtayaḥ | 6 |

pratyakṣānumānāgamāḥ pramāṇāni | 7 |

vīparyayo mithyājñānamatadrūpapratiṣṭham | 8 |

śabdajñānānupātī vastuśūnyo vikalpaḥ | 9 |

abhāvapratyayālambanā tamovṛttirnidrā | 10 |

anubhūtavīśayāsampramoṣaḥ smṛtiḥ | 11 |

abhyāsavairāgyābhyām tānnīrodhaḥ | 12 |

tatra sthītau yātno'bhyāsaḥ | 13 |

sa tu dīrghakālanairantaryasatkārādarāsevīto
dṛḍhabhūmiḥ | 14 |

dṛṣṭānuśravikavīśayavītrṣṇasya

vaśīkārasamjñāvairāgyam | 15 |

tatparam puruṣakhyāterguṇāvaitrṣṇyam | 16 |

vīṭarkavicārānandāsmītarūpānugamātsamprajñātaḥ | 17 |

vīrāmapratyayābhyāsapūrvāḥ saṃskāraśeṣo'nyaḥ | 18 |

bhāvapratyayo vīdehaprakṛtilayānām | 19 |

śraddhāvīryasmṛtisamādhīprajñāpūrvaka itareṣām | 20 |

tīvrasaṃvegānāmāsannaḥ | 21 |

mṛdu madhyādhimātratvāttato'pī vīśeṣaḥ | 22 |

īśvaraprañīdhānādvā | 23 |

kleśakarmavīpākāśayairaparāmṛṣṭaḥ puruṣavīśeṣa
īśvaraḥ | 24 |

tatra nīratiśayaṃ sarvajñābījam | 25 |

sa eṣa pūrvēśamapi guruḥ kālenānavacchedāt | 26 |

tasya vācakaḥ praṇavaḥ | 27 |

tajjapastadarthābhāvanam | 28 |

tataḥ pratyakcetanādhigamo'pyantarāyābhāvaśca | 29 |

vyādhistyānasamśayapramādālasāvīratibhrānti-
darśanālabdhabhūmikatvānavasthitatvāni

cīttavīkṣepāste'ntarāyāḥ | 30 |

duḥkhadaurmanasyāṅgamejayatvaśvāsapraśvāsā

vīkṣepasāhabhūvaḥ | 31 |

tatpratiṣedhārthamekatattvābhyāsaḥ | 32 |
maitrikaruṇāmuditopekṣāṇām
sukhaduḥkhapuṇyāpuṇyaviṣayāṇām
bhāvanātaścittaprasādanam | 33 |
pracchardanavidhāraṇābhyām vā prāṇasya | 34 |
viṣayavatī vā pravṛttirutpannā
manasaḥ sthitiṇibandhini | 35 |
viśokā vā jyotiṣmatī | 36 |
vitarāgaviṣayaṃ vā cittaṃ | 37 |
svapnanidrājñānālambanaṃ vā | 38 |
yathābhimatādhyānādvā | 39 |
paramāṇuparamamaḥattvānto'sya vāśīkāraḥ | 40 |
kṣīṇavṛtterabhijātasyevā maṇergrahītrgrahaṇagrāhyeṣu
tatsthatadañjanatā sāmāpattiḥ | 41 |
tatra śabdārthajñānavikalpaiḥ saṅkīrṇā savitarkā
sāmāpattiḥ | 42 |
smṛtipariśuddhau svarūpaśūnyevārthamātranirbhāsā
nirvitarkā | 43 |

etayaiva savicārā nirvicārā ca sūkṣmaviṣayā
vyākhyātā | 44 |
sūkṣmaviṣayatvaṃ cālīṅgaparyavasānam | 45 |
tā eva sabījaḥ samādhiḥ | 46 |
nirvicāravaiśāradye'dhyātmāprasādaḥ | 47 |
ṛtaṃbharā tātra prajñā | 48 |
śrutānumānaprajñābhyāmanyaviṣayā viśeṣārthatvāt | 49 |
tajjaḥ saṃskāro'nyasaṃskārapratibandhi | 50 |
tasyāpi nirodhe sarvanirodhānnirbījaḥ samādhiḥ || 51 ||

|| iti pātāñjala yoga darśane samādhipādaḥ ||

|| pātāñjalayogadarśanam I 1-51 ||