

taittirīya upaniṣat (mahānārāyaṇa) IV 18

- ṛtaṃ tapas

om ṛtaṃ tapas̄satyaṃ tapas̄śrūtaṃ tapas̄śāntaṃ tapo
damastapas̄samastapo dānaṃ tapo yajñastapo
bhūrbhuvassuvarbrahmaitadupās̄vaitattapaḥ ॥

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