

॥ śrī gaṇapatyatharvaśīrṣopaniṣat ॥

śrī gaṇapati upaniṣat

om ॥

bhādrāṃ karṇebhiśśrṇuyāmā devāḥ |

bhādrāṃ paśyemākṣabhīryajātrāḥ |

sthīrairaṅgaistuṣṭuvāgmsāstanūbhiḥ |

vyāśēma devahītaṃ yadāyuh |

svasti na indro vṛddhaśravāḥ |

svasti naḥ pūṣā viśvavedāḥ |

svastinaṣtārṣo ariṣṭanemiḥ |

svasti no bṛhaspatirdadhātu ॥

om śāntiśśāntiśśāntiḥ ॥

tanmāmavatu |

tadvaktāramavatu |

avatu mam |

avatu vaktāram ॥

om śāntiśśāntiśśāntiḥ ॥

om śrī gaṇeśāya namaḥ ॥

om namaste gaṇapātaye |

tvameva pratyakṣaṃ tattvamasī |

tvameva kevalaṃ kartā'sī |

tvameva kevalaṃ dhartā'sī |

tvameva kevalaṃ hartā'sī |

tvameva sarvaṃ khalvidaṃ brahmāsi |

tvam sākṣādātmā'sī nityam ॥

॥ śrī gaṇapatyatharvaśīrṣopaniṣat 1 ॥

ṛtaṃ vacmi |

sātyaṃ vacmi ॥

॥ śrī gaṇapatyatharvaśīrṣopaniṣat 2 ॥

ava tvam mām |

ava vaktāram |

ava śrotāram |

ava dātāram |

ava dhātāram |

avānūcānamāva śiṣyam |
avā paścāttāt |
avā purastāt |
avottarāttāt |
avā dakṣiṇāttāt |
avā cordhvāttāt |
avādharāttāt |
sarvato mām pāhi pāhi samantāt ||

|| śrī gaṇapatyatharvaśīrṣopaniṣat 3 ||

tvam vāṅmayastvam cinmayah |
tvamānandamayastvam brahmamayah |
tvam saccidānandā'dvītyo'si |
tvam pratyakṣam brahmāsi |
tvam jñānamayo vijñānamayo'si ||

|| śrī gaṇapatyatharvaśīrṣopaniṣat 4 ||

sarvaṃ jagadidaṃ tvatto jayate |
sarvaṃ jagadidaṃ tvattastiṣṭhati |
sarvaṃ jagadidaṃ tvayi layameṣyati |

sarvaṃ jagadidaṃ tvayi pratyeti |
tvam bhūmirāpo'nalo'nīlo nabhaḥ |
tvam catvāri vākpadāni ||

|| śrī gaṇapatyatharvaśīrṣopaniṣat 5 ||

tvam guṇatrayātītaḥ |
tvam avasthātrayātītaḥ |
tvam dehatrayātītaḥ |
tvam kālatrayātītaḥ |
tvam mūlādhārasthito'si nityam |
tvam śaktitrayātmaḥ |
tvam yogiṇo dhyāyanti nityam |
tvam brahmā tvam viṣṇustvam

rudrastvamindrastvamagnistvam vāyustvam

sūryastvam candramāstvam brahma

bhūrbhuvassvarom ||

|| śrī gaṇapatyatharvaśīrṣopaniṣat 6 ||

gaṇādiṃ pūrvamuccārya varṇādiṃ stadanantaram |
anusvāraḥ paratarah |

ardhēndulāsitam |
tāreṇa rddham |
etattava manūsvarūpam |
gakāraḥ pūrvarūpam |
akāro madhyamarūpam |
anusvāraścāntyarūpam |
binduruttārarūpam |
nādassandhānam |
sagṃhitā sandhiḥ |
śaiṣā gaṇeśavidyā |
gaṇāka rṣiḥ |
nicṛdgāyātrichandaḥ |
gaṇapatirdevatā |
om gaṃ gaṇapātaye namaḥ ||

|| śrī gaṇapatyatharvaśīrṣopaniṣat 7 ||

om ekadantāya vidmahē vakratuṇḍāya dhīmahi |
tanno dantiḥ pracodayāt ||

|| śrī gaṇapatyatharvaśīrṣopaniṣat 8 ||

om ekadantam caturhastam pāśamaṅkuśadhāriṇam |
radam ca varadam hastairbibhrāṇam mūṣakadhvajam |
raktam lambodaram śūrpakarnakam raktavāsasam |
raktagandhānūliptāṅgm raktapūṣpaissupūjitam |
bhaktyānukampinam devam jagatkāraṇamacyūtam |
āvibhūtam caśrṣṭyādau prakṛteḥ puruṣātparam |
evam dhyāyati yo nityam sa yogi yoginām vāraḥ ||

|| śrī gaṇapatyatharvaśīrṣopaniṣat 9 ||

namo vrātapataye |

namo gaṇapataye |

namaḥ pramathapataye |

namaste'stu lambodarāyaikadantāya vighnanāśīne

śivasutāya varadamūrtaye namaḥ ||

|| śrī gaṇapatyatharvaśīrṣopaniṣat 10 ||

etadartharvaśīrṣam yo'dhīte sa brahmabhūyāya kalpate |
sa sarvavighnāirna bādhyate |
sa sarvatra sukhamedhate |
sa pañcamahāpāpāt pramūcyate |

sāyamādhiyāno divasakṛtaṃ pāpaṃ nāśayati |
prātarādhiyāno rātrikṛtaṃ pāpaṃ nāśayati |
sāyaṃ prātaḥ prayuñjāno'pāpo'pāpo bhavati |
sarvatrādhīyāno'paviḥno bhavati |
dharmārthakāmamokṣaṃ ca vīndati |
idamatharvaśīrṣamasiṣyāya na deyam |
yo yadi mōhād dāsyati sa pāpiyān bhavati |
sahasrāvartanāchaṃ yaṃ kāmamadhiṭe taṃ tamanēna
sādhayet ||

|| śrī gaṇapatyatharvaśīrṣopaniṣat 11 ||

anena gaṇapatimābhiṣīncati sa vāgmī bhavati |
caturthyāmanāśnan japatī sa vidyāvān bhavati |
ityatharvaṇavākyaṃ |
brahmādyāvaraṇaṃ vidyāna bibheti kadācaneti ||

|| śrī gaṇapatyatharvaśīrṣopaniṣat 12 ||

yo dūrvānkurairyajati sa vaiśravaṇopāmo bhavati |
yo lājairyajati sa yaśovān bhavati |
sa medhāvān bhavati |

yo sodakasahasreṇa yajati sa vāñcchitaphalamāvāpnoti |
yassājyasamidghiryajati sa sarvaṃ labhate sa sarvaṃ
labhate ||

|| śrī gaṇapatyatharvaśīrṣopaniṣat 13 ||

aṣṭau brāhmaṇān samyag grāhayitvā sūryavarcasvī
bhavati |
sūryagrahe mahānadhāṃ pratimāsannidho vā japtvā
siddhūmāntro bhavati |
mahāvidhnāt pramūcyate |
mahādoṣāt pramūcyate |
mahāprātyavāyāt pramūcyate |
sa sarvavidghavati sa sarvavid bhavati |
ya evaṃ veda |
ityupaniṣat ||

|| śrī gaṇapatyatharvaśīrṣopaniṣat 14 ||