

# The Yoga Training Programme



## 2013 - 2015 Programme Intake

### Enrolment Application

- Please read the notes below before applying -

- This application does not constitute acceptance onto the YTP.

- Prior completion of a minimum of 75 hours contact and course hours study through the cYs Introductory and Foundation Study Courses or the equivalent through an acceptable Yoga National Governing Body Foundation level study alternative.

- I am continually reviewing which alternative Nationally Accepted Foundation or Accredited Teacher Training courses would qualify. For example any BWY Foundation Certificate or Teaching Diploma holder would be acceptable and therefore, if they so wished, would be exempt from the cYs Introductory and Foundation Study Courses, but not the other prerequisites.

- However all candidates would be expected to have a Foundation level of appreciation in the theoretical understanding and practical experience of the approach of T Krishnamacharya and TKV Desikacher to the practice and teaching of Yoga.

- Some applicants may also need to attend a YTP interview as part of the evaluation process at the Yoganjali Practice and Teaching Centre in Bristol with Paul.

- They will be held as part of the prerequisite criteria. An informal personal meeting, short presentation on any topic, along with a theory and practice assessment may take place during these meetings.

- The meetings will be held according to demand so any interested students can apply at any time and from there suggestions can be made around suitable dates.

- All applicants will be contacted and successful students will be advised regarding course registration. Meanwhile any queries can be discussed with Paul.

- Some applicants may be asked to undertake further study prior to any final decision regarding acceptance onto the Yoga Training Programme. Because of this and the limited number of places some applicants may be asked to re-apply.

- Before application and consideration for a place within the YTP, the student must hold a valid British Wheel of Yoga membership before applying and also have a proposed personal teacher accepted for individual lessons before final acceptance onto the Course.

Provisional acceptance can be offered subject to this last proviso.

- Furthermore all applications must be accompanied by a letter from a reliable source with a candid view on your aptitude for the Programme, your attitudes working within a group environment and personal opinion on your choice to train as a Yoga teacher.

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- This application does not constitute acceptance onto the YTP.
- Please complete the following and return your application typed on separate A4 -
  - All information is treated as strictly confidential -

#### 1. Outline details:

- Name, address, home and work phone number, date of birth.

#### 2. Personal details:

- Family, personal and marital background, current situation.

#### 3. Professional details:

- Professional background, occupation, current situation.

#### 4. Personal Yoga details:

- Personal background, current situation.

#### 5. Professional Yoga details:

- Professional background, current situation.

#### 6. Health:

- Please indicate anything which may influence your capacity for study and practice.

#### 7. Practitioner Programme:

- Why do you wish to teach using the this approach to Yoga?
- How do you see the role of the course in your relationship with Yoga?
- What do you feel teaching Yoga will offer you as a student
- What do you feel you will bring to the Course as a student?
- What do you feel you will bring to the Course as an individual?

#### 8. Any other information: