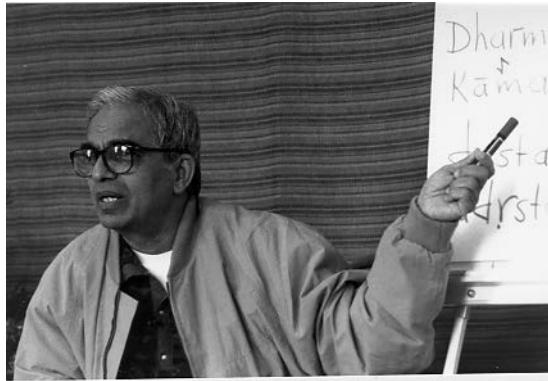


Religiousness in Yoga - Chapter by Chapter Study Guide



Chapter 3 Theory: The Concepts of Avidyā and Duḥkha - Pages 31-44

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- Definition of Yoga
- Individual starting points
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- Yoga is non-Hindu and areligious
- Avidyā - Yoga Sūtra II 5
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- Reality as Pariṇāma- Vāda
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- Pañca Kleśa - Yoga Sūtra II 3-9
- Beyond the Kleśa - Yoga Sūtra I 3
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