

Māṇḍūkya Upaniṣat



Opening Invocation

bhadraṃ karṇebhiḥ śṛṇuyāma devāḥ ।

bhadraṃ paśyemākṣabhiryajatrāḥ ।

sthiraīraṅgaistuṣṭuvāgṃ sastaṇūbhiḥ ।

vyaśema devahitaṃ yadāyuh ।

svasti na indro vṛddhaśravāḥ ।

svasti naḥ pūṣā viśvavedāḥ ।

svasti nastārksyo ariṣṭanemiḥ ।

svasti no bṛhaspatirdadhātu ॥

om śāntiḥ śāntiḥ śāntiḥ ॥

Taittirīya Āraṇyaka 1.1 Śānti Pataḥ

Māṇḍūkya Upaniṣat 1

aumityetadaḥsaramidagṃ
sarvaṃ tasyopavyākhyānaṃ bhūtaṃ
bhavad bhaviṣyaditi sarvamaṃkāra eva I

yaccānyat trikālātītaṃ tadapyamaṃkāra eva II

Māṇḍūkya Upaniṣat 2

sarvagṃ hyetad brahmāyamātmā

brahma so'yamātmā catuṣpāt II

Māṇḍūkya Upaniṣat 3

jāgaritasthāno bahiṣprajñāḥ saptāṅga
ekonaviṃśatimukhaḥ sthūlabhugvaiśvānaraḥ
prathamāḥ pādaḥ II

Māṇḍūkya Upaniṣat 4

svapnasthāno'ntaḥ prajñāḥ saptāṅga
ekonaviṁśatimukhaḥ praviviktabhuk
taijaso dvītiyaḥ pādaḥ II

Māṇḍūkyaṃ Upaniṣat 5

yatra supto na kaṃcana kāmaṃ kāmāyate na
kaṃcana svapnaṃ paśyati tat suṣuptam I

suṣuptasthāna ekībhūtaḥ prajñānaghana
evānandamayo hyānandabhuk cetomukhaḥ
prājñastṛtīyaḥ pādaḥ II

Māṇḍūkya Upaniṣat 6

eṣa sarveśvara eṣa sarvajña eṣo'ntāryamyeṣa yoniḥ
sarvasya prabhavāpyayau hi bhūtānām II

Māṇḍūkya Upaniṣat 7

nāntaḥ prajñam na bahiṣprajñam nobhayataḥ
prajñam na prajnañāghanaḥ na
prajñam nā prajñam I

adṛṣtamavyavahārayamagrāhyamalakṣaṇam-
acintyamavyapadeśyamekātmapratyayasāraḥ
prapañcopaśamaḥ śāntaḥ śivamadvaitaḥ
caturthaḥ manyante sa ātmā, sa vijñeyaḥ II

Māṇḍūkya Upaniṣat 8

so'yamātmādhyakṣaramauṅkaro'dhimātraṃ pādā
mātrā mātrāś ca pādā akāra ukāra makāra iti ||

Māṇḍūkya Upaniṣat 9

jāgaritasthāno vaiśvānaro'kāraḥ prathamā
mātrā'pterādimattvādvā'pnoti ha vai
sarvānkāmānādiśca bhavati ya evaṁ veda II

Māṇḍūkya Upaniṣat 10

svapnasthānastaijasa ukāro dvitīyā mātrotkarṣāt
ubhayatvādvotkarṣati ha vai jñānasaṃtatim
samānaśca bhavati nāsyābrahmavitkule
bhavati ya evaṃ veda II

Māṇḍūkya Upaniṣat 11

susuptasthānaḥ prājño makāstrīyā
mātrā miterapīter vā minoti ha vā
idagṃ sarvamaṇīśca bhavati
ya evaṃ veda II

Māṇḍūkya Upaniṣat 12

amātraścaturtho'vyavahāryaḥ prapañcopaśamaḥ
sivo'dvaita evamaṅkāra ātmaiva
saṃviśatātmanā'tmānaṃ ya evaṃ veda
ya evaṃ veda II