

ईश्वरप्राणिध्यान

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In the Samādhi Yoga Pāda within Chapter One.
In the Kriya Yoga Pāda within Chapter Two.
In the Aṣṭāṅga Yoga Pāda within Chapter Two.
Three appearances is in itself a call to take note.

A further reflection is that each of these occurrences can also be linked to the three practice principles in the Tri Krama of Cikitsā, Rakṣaṇa and Śikṣaṇa.

Firstly, in Yoga Sutra Chapter Two, the role for Īśvara Praṇidhānā in the Kriya Yoga section, can be as an appropriate Upāya for a Cikitsā situation. Here, as one of a triad in the cultivation of helpful lifestyle habits, its purpose is in reducing agitation.
– Paul Harvey on Yoga Sūtra Chapter Two verse 1

Secondly, in Yoga Sutra Chapter Two, the role for Īśvara Praṇidhānā in the Bāhya Aṅga section can be as an appropriate Upāya for a Rakṣaṇa situation. Here, as part of a cultivation of Niyama within the Bāhya Aṅga Sādhana, its purpose is in accessing Antar Aṅga.
– Paul Harvey on Yoga Sūtra Chapter Two verse 32

Thirdly, in Yoga Sutra Chapter One, the role for Īśvara Praṇidhānā in the Samādhi Yoga section can be as an appropriate Upāya for a Śikṣaṇa situation, Here, its purpose is in turning inwards. as in realising what is consciousness, through a Japam Mantra practice within an Antar Aṅga Sādhana.
– Paul Harvey on Yoga Sūtra Chapter One verse 23