

1) UJJATI LENGTHEN IN/EX

2) R6T + B.K.

3) R3T + B.K. ± U.B.

4) R3T + B.R. ± U.B.

5) R6T + B.K. ± U.B.

6) S.BBR x 2 + B.K. ± U.B.

7) R6T + LIGHT B.K.

8) R6T | EACH SIDE

9) SĀNTIŚĀNTIŚSĀNTIĪ R6T

10) SIT & SETTLE