

BRITISH WHEEL OF YOGA – WEST MIDLANDS REGION

1ST Day –BHAGAVAD GITA – YOGA IN ACTION

**Saturday 10<sup>th</sup> October 2015**

**10:00am to 4:00pm**

**Cost: £35 / £45 non BWY** before 29 Aug

**£45 / £55 non BWY** thereafter

In India people from every sphere of life, from physicians to politicians and religious teachers to shopkeepers, consider the Bhagavad Gita to be a source of inspiration. What is it that makes this great text a teaching for all these situations and what is its relationship with Yoga?

Open to teachers/Student teachers & serious yoga practitioners wishing to enhance their own knowledge

### **The Avon Centre**

**Avon Road, Cannock, Staffordshire, WS11 1LH**

Easy connections to M6, M6 Toll, A5, and Cannock train station

Book on line or return booking form to:

Kevin Taplin, 29 Cherry Tree Road,  
Rugeley, Staffs, WS15 1AY

Tel: 01543 660151

Email: theyogaman@rocketmail.com

### **Paul Harvey**

Paul has been teaching Yoga for 35 years and training Yoga teachers for over 25 years.

Starting practising Yoga in 1972 he went on to learn in India from 1979 starting with a two year stay in South India studying Yoga practice, psychology and therapy within a traditional one to one mentorship with his Teacher TKV Desikachar.

Returning to India over 20 times he continued his studies with his Teacher. A nationally known teacher through seminars, conferences and writings he is also Director of a Yoga Teaching and Therapy Centre in Bristol.