



## Chapter Five

karma samnyāsa yogaḥ

The Yoga of Renunciation in Action

## Chapter 5 Verse 1

arjuna uvāca |

samnyāsaṃ karmaṇām kṛṣṇa punar yogaṃ ca śaṃsasi |  
yacchreya etayor ekaṃ tan me brūhi suniścitam ||

Chapter 5 Verse 2

śrībhagavān uvāca |

saṁnyāsaḥ karmayogaśca niḥśreyasakarāv ubhāu |

tayos tu karmasaṁnyāsāt karmayogo viśiṣyate ||

## Chapter 5 Verse 3

jñeyaḥ sa nityasaṃnyāsī yo na dveṣṭi na kāṅkṣati |  
nirdvandvo hi mahābāho sukhaṃ bandhāt pramucyate ||

## Chapter 5 Verse 4

sāṃkhyayogāu pṛthagbālāḥ pravadanti na paṇḍitāḥ |  
ekam apy āsthitaḥ samyag ubhayor vindate phalam ||

## Chapter 5 Verse 5

yat sām̐khyāiḥ prāpyate sthānaṃ tad yogāir api gamyate |  
ekaṃ sām̐khyam̐ ca yogaṃ ca yaḥ paśyati sa paśyati ||

Chapter 5 Verse 6

saṁnyāsas tu mahābāho duḥkham āptum ayogataḥ |  
yogayukto munir brahma nacireṇādhigacchati ||

## Chapter 5 Verse 7

yogayukto viśuddhātmā vijitātmā jitendriyaḥ |  
sarvabhūtātmabhūtātmā kurvann api na lipyate ||



## Chapter 5 Verse 8

nāiva kiñcit karomīti yukto manyate tattvavit |  
paśyañśṛṇvan spr̥ṣañjighrann aśnan gacchan svapañśvasan ||

## Chapter 5 Verse 9

pralapan visṛjan gr̥hṇann unmiṣan nimiṣann api |  
indriyāṇīndriyārtheṣu vartanta iti dhārayan ||

## Chapter 5 Verse 10

brahmaṇy ādhāya karmāṇi saṅgaṃ tyaktvā karoti yaḥ |  
lipyate na sa pāpēna padmapatram ivāmbhasā ||

## Chapter 5 Verse 11

kāyena manasā buddhyā kevalāir indriyāir api |  
yoginaḥ karma kurvanti saṅgaṃ tyaktvā 'tmaśuddhaye ||

## Chapter 5 Verse 12

yuktaḥ karmaphalaṃ tyaktvā śāntimāpnoti nāiṣṭhikīm |  
ayuktaḥ kāmakāreṇa phale sakto nibadhyate ||

## Chapter 5 Verse 13

sarvakarmāṇi manasā samnyasyāste sukhaṃ vaśī |  
navadvāre pure dehī nāiva kurvan na kārayan ||

## Chapter 5 Verse 14

na kartṛtvam na karmāṇi lokasya sṛjati prabhuḥ |  
na karmaphalasaṃyogaṃ svabhāvas tu pravartate ||

## Chapter 5 Verse 15

nādatte kasyacit pāpaṃ na cāiva sukṛtaṃ vibhuḥ |  
ajñānenāvṛtaṃ jñānaṃ tena muhyanti jantavaḥ ||



## Chapter 5 Verse 16

jñānena tu tad ajñānaṃ yeṣāṃ nāśitam ātmanaḥ |  
teṣāṃ ādityavaj jñānaṃ prakāśayati tat param ||

Chapter 5 Verse 17

tadbuddhayas tadātmānas tanniṣṭhās tatparāyaṇāḥ |  
gacchantyapunarāvṛttiṃ jñānanirdhūtakalmaṣāḥ ||

## Chapter 5 Verse 18

vidyāvinayasampanne brāhmaṇe gavi hastini |  
śuni cāiva śvapāke ca paṇḍitāḥ samadarśinaḥ ||

## Chapter 5 Verse 19

ihāiva tair jitaḥ sargo yeṣāṃ sāmye sthitaṃ manaḥ |  
nirdoṣaṃ hi samaṃ brahma tasmād brahmaṇi te sthitāḥ ||

## Chapter 5 Verse 20

na prahr̥ṣyet priyaṃ prāpya nodvijet prāpya cāpriyam |  
sthirabuddhir asaṃmūḍho brahmavid brahmaṇi sthitaḥ ||

## Chapter 5 Verse 21

bāhyasparśeṣvasaktātmā vindatyātmani yat sukham |  
sa brahmayogayuktātmā sukham akṣayam aśnute ||

## Chapter 5 Verse 22

ye hi saṃsparśajā bhogā duḥkhaṇaya eva te |  
ādyantavantaḥ kāunteya na teṣu ramate budhaḥ ||

## Chapter 5 Verse 23

śaknotīhāiva yaḥ soḍhum prāk śarīravimokṣaṇāt |  
kāmakrodhodbhavaṃ vegaṃ sa yuktaḥ sa sukhī naraḥ ||



## Chapter 5 Verse 24

yo 'ntaḥsukho 'ntarārāmas tathāntarjyotir eva yaḥ |  
sa yogī brahmanirvāṇaṃ brahmabhūto 'dhigacchati ||

## Chapter 5 Verse 25

labhante brahmanirvāṇam ṛṣayaḥ kṣīṇakalmaṣāḥ |  
chinnadvāidhā yatātmānaḥ sarvabhūtahite ratāḥ ||

Chapter 5 Verse 26

kāmakrodhaviyuktānāṃ yatīnāṃ yatacetasām |  
abhito brahmanirvāṇaṃ vartate viditātmanām ||

## Chapter 5 Verse 27

sparśān kṛtvā bahir bāhyāṃś cakṣuścaivāntare bhruvoḥ |  
prāṇāpānāu samāu kṛtvā nāsābhyantaracāriṇāu ||

## Chapter 5 Verse 28

yatendriyamanobuddhir munir mokṣaparāyaṇaḥ |  
vigatecchābhayakrodho yaḥ sadā mukta eva saḥ ||

## Chapter 5 Verse 29

bhoktāraṃ yajñatapasāṃ sarvalokamaheśvaram |  
suhṛdaṃ sarvabhūtānāṃ jñātvā mām śāntimṛcchati ||