



Chapter Four
jñāna yogaḥ
The Yoga of Knowledge

Chapter 4 Verse 1

śrībhagavān uvāca |

imaṃ vivasvate yogaṃ proktavān aham avyayam |

vivasvān manave prāha manur ikṣvākave 'bravīt ||

Chapter 4 Verse 2

evaṃ paramparāprāptam imaṃ rājarṣayo viduḥ |
sa kāleneha mahatā yogo naṣṭaḥ paraṃtapa ||

Chapter 4 Verse 3

sa evāyaṃ mayā te 'dya yogaḥ proktaḥ purātaḥ |
bhakto 'si me sakhā ceti rahasyaṃ hyetaḍ uttamam ||

Chapter 4 Verse 4

arjuna uvāca |

aparaṃ bhavato janma paraṃ janma vivasvataḥ |
katham etad vijānīyāṃ tvam ādāu proktavān iti ||

Chapter 4 Verse 5

śrībhagavān uvāca |

bahūni me vyatītāni janmāni tava cārjuna |

tānyahaṃ veda sarvāṇi na tvaṃ vettha paraṃtapa ||

Chapter 4 Verse 6

ajo 'pi sann avyayātmā bhūtānām īśvaro 'pi san |
prakṛtiṃ svām adhiṣṭhāya saṃbhavāmyātmamāyayā ||

Chapter 4 Verse 7

yadā yadā hi dharmasya glānir bhavati bhārata |
abhyutthānam adharmasya tadā 'tmānaṃ sṛjāmyaham ||

Chapter 4 Verse 8

paritrāṇāya sādḥūnāṃ vināśāya ca duṣkṛtām |
dharmasamsthāpanārthāya sambhavāmi yuge yuge ||

Chapter 4 Verse 9

janma karma ca me divyam evaṃ yo vetti tattvataḥ |
tyaktvā dehaṃ punarjanma nāiti mām eti so 'rjuna ||

Chapter 4 Verse 10

vītarāgabhayakrodhā manmayā mām upāśritāḥ |
bahavo jñānatapasā pūtā madbhāvam āgatāḥ ||

Chapter 4 Verse 11

ye yathā māṃ prapadyante tāṃs tathāiva bhajāmyaham |
mama vartmānuvartante manuṣyāḥ pārtha sarvaśaḥ ||

Chapter 4 Verse 12

kāṅkṣantaḥ karmaṇāṃ siddhiṃ yajanta iha devatāḥ |
kṣipraṃ hi mānuṣe loke siddhir bhavati karmajā ||

Chapter 4 Verse 13

cāturvarṇyaṃ mayā sṛṣṭaṃ guṇakarmavibhāgaśaḥ |
tasya kartāram api mām viddhyakartāram avyayam ||

Chapter 4 Verse 14

na mām karmāṇi limpanti na me karmaphale sprhā |
iti mām yo 'bhijānāti karmabhir na sa badhyate ||

Chapter 4 Verse 15

evaṃ jñātvā kṛtaṃ karma pūrvāir api mumukṣubhiḥ |
kuru karmāiva tasmāt tvaṃ pūrvaiḥ pūrvataraṃ kṛtaṃ ||

Chapter 4 Verse 16

kiṃ karma kim akarmeti kavayo 'py atra mohitāḥ |
tat te karma pravakṣyāmi yaj jñātvā mokṣyase 'śubhāt ||

Chapter 4 Verse 17

karmaṇo hyapi boddhavyaṃ boddhavyaṃ ca vikarmaṇaḥ |
akarmaṇaśca boddhavyaṃ gahanā karmaṇo gatiḥ ||

Chapter 4 Verse 18

karmaṇyakarma yaḥ paśyed akarmaṇi ca karma yaḥ |
sa buddhimān manuṣyeṣu sa yuktaḥ kṛtsnakarmakṛt ||

Chapter 4 Verse 19

yasya sarve samārambhāḥ kāmasaṃkalpavarjitāḥ |
jñānāgnidagdhakarmāṇaṃ tam āhuḥ paṇḍitaṃ budhāḥ ||

Chapter 4 Verse 20

tyaktvā karmaphalāsaṅgaṃ nityatr̥pto nirāśrayaḥ |
karmaṇy abhipravṛtto 'pi nāiva kiṃcit karoti saḥ ||

Chapter 4 Verse 21

nirāśīr yatacittātmā tyaktasarvaparigrahaḥ |
śārīraṃ kevalaṃ karma kurvan nāpnoti kilbiṣam ||

Chapter 4 Verse 22

yadṛcchālābhasaṃtuṣṭo dvandvātīto vimatsaraḥ |
samaḥ siddhāḥ asiddhau ca kṛtvā 'pi na nibadhyate ||

Chapter 4 Verse 23

gataśaṅgasya muktasya jñānāvasthitacetasaḥ |
yajñāyācarataḥ karma samagraṃ pravilīyate ||

Chapter 4 Verse 24

brahmārpaṇaṃ brahma havir brahmāgnāu brahmaṇā hutam |
brahmāiva tena gantavyaṃ brahmakarmasamādhinā ||

Chapter 4 Verse 25

dāivam evāpare yajñam yoginaḥ paryupāsate |
brahmāgnāv apare yajñam yajñenāivopajuvhati ||

Chapter 4 Verse 26

śrotrādīnīndriyāṅy anye saṃyamāgñiṣu juhvati |
śabdādīn viṣayān anya indriyāgñiṣu juhvati ||

Chapter 4 Verse 27

sarvāṅīndriyakarmāṅi prāṅakarmāṅi cāpare |
ātmasaṃyamayogāgnāu juvhati jñānadīpīte ||

Chapter 4 Verse 28

dravyayajñās tapoyajñā yogayajñās tathāpare |
svādhyāyajñānayajñāśca yatayaḥ saṃśītavratāḥ ||

Chapter 4 Verse 29

apāne juhvati prāṇaṃ prāṇe 'pānaṃ tathāpare |
prāṇāpānagatī ruddhvā prāṇāyāmaparāyaṇāḥ ||

Chapter 4 Verse 30

apare niyatāhārāḥ prāṇān prāṇeṣu juhvati |
sarve 'pyete yajñavido yajñakṣapitakalmaṣāḥ ||

Chapter 4 Verse 31

yajñaśiṣṭāmṛtabhujo yānti brahma sanātanam |
nāyaṃ loko 'sty ayajñasya kuto 'nyaḥ kurusattama ||

Chapter 4 Verse 32

evaṃ bahuvīdhā yajñā vitatā brahmaṇo mukhe |
karmajān viddhi tān sarvān evaṃ jñātvā vimokṣyase ||

Chapter 4 Verse 33

śreyān dravyamayād yajñāj jñānayajñāḥ paraṃtapa |
sarvaṃ karmākhilaṃ pārtha jñāne parisamāpyate ||

Chapter 4 Verse 34

tad viddhi praṇipātena paripraśnena sevayā |
upadekṣyanti te jñānaṃ jñāninas tattvadarśinaḥ ||

Chapter 4 Verse 35

yaj jñātvā na punar moham evaṃ yāsyasi pāṇḍava |
yena bhūtāny aśeṣeṇa draṅsyasy ātmany atho mayi ||

Chapter 4 Verse 36

api ced asi pāpebhyaḥ sarvebhyaḥ pāpakṛttamaḥ |
sarvaṃ jñānaplavenāiva vṛjinaṃ saṃtariṣyasi ||

Chapter 4 Verse 37

yathāidhāṃsi samiddho 'gnir bhasmasāt kurute 'rjuna |
jñānāgniḥ sarvakarmāṇi bhasmasāt kurute tathā ||

Chapter 4 Verse 38

na hi jñānena sadṛśam pavitram iha vidyate |
tat svayaṃ yogasaṃsiddhaḥ kālenātmāni vindati ||

Chapter 4 Verse 39

śraddhāvānī labhate jñānaṃ tatparaḥ saṃyatendriyaḥ |
jñānaṃ labdhvā parāṃ śāntim acireṇādhighacchati ||

Chapter 4 Verse 40

ajñāścāśraddadhānaśca saṃśayātmā vinaśyati |
nāyaṃ loko 'sti na paro na sukhaṃ saṃśayātmanaḥ ||

Chapter 4 Verse 41

yogasamnyastakarmāṇaṃ jñānasamchinnasamśayam |
ātmavantam na karmāṇi nibadhnanti dhanamjaya ||

Chapter 4 Verse 42

tasmād ajñānasambhūtaṃ hṛtsthaṃ jñānāsinā 'tmanaḥ |
chittvāinaṃ saṃśayaṃ yogam ātiṣṭhottiṣṭha bhārata ||