



Chapter Three
karma yogaḥ
The Yoga of Action

Chapter 3 Verse 1

arjuna uvāca |

gyāyasī cet karmaṇas te matā buddhir janārdana |

tatkiṃ karmaṇi ghore māṃ niyojayasi keśava ||

Chapter 3 Verse 2

vyāmiśreṇeva vākyena buddhiṃ mohayasīva me |
tad ekaṃ vada niścītya yena śreya 'ham āpnuyām ||

Chapter 3 Verse 3

śrībhagavān uvāca |

loke 'smin dvividhā niṣṭhā purā proktā mayā 'nagha |
jñānayogena sāṃkhyānāṃ karmayogena yoginām ||

Chapter 3 Verse 4

na karmaṇām anārambhān nāṣkarmaṃ puruṣo 'śnute |
na ca saṃnyasanādeva siddhiṃ samadhigacchati ||

Chapter 3 Verse 5

na hi kaścit kṣaṇamāpi jātu tiṣṭhatyakarmakṛt |
kāryate hyavaśaḥ karma sarvaḥ prakṛtijāir guṇāih ||

Chapter 3 Verse 6

karmendriyāṇi saṃyamya ya āste manasā smaran |
indriyārthān vimūḍhātmā mithyācāraḥ sa ucyate ||

Chapter 3 Verse 7

yas tvindriyāṇi manasā niyamyārabhate 'rjuna |
karmaindriyāiḥ karmayogam asaktaḥ sa viśiṣyate ||

Chapter 3 Verse 8

niyataṃ kuru karma tvaṃ karma jyāyo hyakarmaṇaḥ |
śarīrayātrāpi ca te na prasiddhyed akarmaṇaḥ ||

Chapter 3 Verse 9

yajñārthāt karmaṇo 'nyatra loko 'yaṃ karmabandhanaḥ |
tadārthaṃ karma kāunteya muktasaṅgaḥ samācara ||

Chapter 3 Verse 10

sahayajñāḥ prajāḥ sṛṣṭvā purovāca prajāpatiḥ |
anena prasaviṣyadhvam eṣa vo 'stviṣṭakāmadhuk ||

Chapter 3 Verse 11

devān bhāvayatānena te devā bhāvayantu vaḥ |
parasparam bhāvayantaḥ śreyaḥ param avāpsyatha ||

Chapter 3 Verse 12

iṣṭān bhogān hi vo devā dāsyante yajñabhāvitāḥ |
tāir dattān apradāyāibhyo yo bhuñkte stena eva saḥ ||

Chapter 3 Verse 13

yajñāśiṣṭāśinaḥ santo mucyante sarvakilbiṣāiḥ |
bhuñjate te tvaghaṃ pāpā ye pacantyātmakāraṇāt ||

Chapter 3 Verse 14

annād bhavanti bhūtāni parjanyaḍ annasambhavaḥ |
yajñād bhavati parjanyo yajñahḥ karmasamudbhavaḥ ||

Chapter 3 Verse 15

karma brahmodbhavaṃ viddhi brahmākṣarasamudbhavam |
tasmāt sarvagataṃ brahma nityaṃ yajñe pratiṣṭhitam ||

Chapter 3 Verse 16

evaṃ pravartitaṃ cakraṃ nānuvartayatīha yaḥ |
aghāyurindriyārāmo moghaṃ pārtha sa jīvati ||

Chapter 3 Verse 17

yastvātmaratireva syād ātmatr̥ptaśca mānavaḥ |
ātmanyeva ca saṁtuṣṭas tasya kāryaṁ na vidyate ||

Chapter 3 Verse 18

nāiva tasya kṛtenārtho nākṛteneha kaścana |
na cāsyā sarvabhūteṣu kaścīd arthavyapāśrayaḥ ||

Chapter 3 Verse 19

tasmād asaktaḥ satataṃ kāryaṃ karma samācara |
asakto hyācarankarma param āpnoti pūruṣaḥ ||

Chapter 3 Verse 20

karmaṇāiva hi saṃsiddhim āsthitā janakādayaḥ |
lokasaṃgrahamevāpi saṃpaśyan kartum arhasi ||

Chapter 3 Verse 21

yadyad ācarati śreṣṭhas tattad evetaro janaḥ |
sa yat pramāṇaṃ kurute lokastadanuvartate ||

Chapter 3 Verse 22

na me pārthāsti kartavyaṃ triṣu lokeṣu kiṃcana |
nānavāptamavāptavyaṃ varta eva ca karmaṇi ||

Chapter 3 Verse 23

yadi hyahaṃ na varteyaṃ jātu karmaṇyatandritaḥ |
mama vartmānuvartante manuṣyāḥ pārtha sarvaśaḥ ||

Chapter 3 Verse 24

utsīdeyur ime lokā na kuryāṃ karma cedaham |
saṃkarasya ca kartā syāṃ upahanyāṃ imāḥ prajāḥ ||

Chapter 3 Verse 25

saktāḥ karmaṇyavidvāṃso yathā kurvanti bhārata |
kuryād vidvāṅs tathāsaktaś cikīrṣur lokasaṃgraham ||

Chapter 3 Verse 26

na buddhibhedam janayed ajñānām karmasaṅginām |
joṣayet sarvakarmāṇi vidvān yuktaḥ samācāran ||

Chapter 3 Verse 27

prakṛteḥ kriyamāṇāni guṇāiḥ karmāṇi sarvaśaḥ |
ahaṃkāravimūḍhātmā kartāham iti manyate ||

Chapter 3 Verse 28

tattvavit tu mahābāho guṇakarmavibhāgayoḥ |
guṇā guṇeṣu vartanta iti matvā na sajjate ||

Chapter 3 Verse 29

prakṛter guṇasaṃmūḍhāḥ sajjante guṇakarmasu |
tān akṛtsnavido mandān kṛtsnavin na vicālayet ||

Chapter 3 Verse 30

mayi sarvāṇi karmāṇi samnyasyādhyātmacetasā |
nirāśīr nirmamo bhūtvā yudhyasva vigatajvaraḥ ||

Chapter 3 Verse 31

ye me matam idaṃ nityam anuṣṭhanti mānavāḥ |
śraddhāvanto 'nasūyanto mucyante te 'pi karmabhiḥ ||

Chapter 3 Verse 32

ye tvetad abhyasūyanto nānutiṣṭhanti me matam |
sarvajñānavimūḍhāṅs tān viddhi naṣṭān acetasaḥ ||

Chapter 3 Verse 33

sadṛśaṃ ceṣṭate svasyāḥ prakṛter jñānavān api |
prakṛtiṃ yānti bhūtāni nigrahaḥ kiṃ kariṣyati ||

Chapter 3 Verse 34

indriyasyendriyasyārthe rāgadveṣāu vyavasthitāu |
tayoṛ na vaśam āgacchhet tāu hyasya paripanthināu ||

Chapter 3 Verse 35

śreyān svadharmo viguṇaḥ paradharmāt svanuṣṭhitāt |
svadharme nidhanaṃ śreyaḥ paradharmo bhayāvahaḥ ||

Chapter 3 Verse 36

arjuna uvāca |

atha kena prayukto 'yaṃ pāpaṃ carati pūruṣaḥ |
anicchannapi vārṣṇeya balād iva niyojitaḥ ||

Chapter 3 Verse 37

śrībhagavān uvāca |

kāma eṣa krodha eṣa rajoguṇasamudbhavaḥ |
mahāśano mahāpāpmā viddhyenam iha vāiriṇam ||

Chapter 3 Verse 38

dhūmenāvriyate vahnir yathā 'darśo malena ca |
yatholbenāvṛto garbhas tathā tenedam āvṛtam ||

Chapter 3 Verse 39

āvṛtaṃ jñānam etena jñānino nityavāiriṇā |
kāmarūpeṇa kāunteya duṣpūreṇānalena ca ||

Chapter 3 Verse 40

indriyāṇi mano buddhir asyādhiṣṭhānam ucyate |
etāir vimohayatyeṣa jñānam āvr̥tya dehinam ||

Chapter 3 Verse 41

tasmāt tvam indriyāṅyādāu niyamyā bharatarṣabha |
pāpmānaṃ prajahi hyenaṃ jñānavijñānanāśanam ||

Chapter 3 Verse 42

indriyāṇi parāṅyāhur indriyebhyaḥ param manaḥ |
manasas tu parā buddhir yo buddheḥ paratas tu saḥ ||

Chapter 3 Verse 43

evaṃ buddheḥ paraṃ buddhvā saṃstabhyātmānam ātmanā |
jahi śatruṃ mahābāho kāmarūpaṃ durāsadam ||