

## 108 Yoga Sūtra Study Questions - 8

# विपर्यय

### Chapter One Samādhi Pādaḥ verse 8

viparyayaḥ mithyā-jñānam-atadrūpa-pratiṣṭham |

In Sūtra 1.8 Patañjali defines Viparyaya as a false knowing.  
How can we discern a right perception from a wrong perception  
and can a false knowing be both Kliṣṭa and Akliṣṭa?