

108 Yoga Sūtra Study Questions - 23

ईश्वर

Chapter One Samādhi Pādaḥ verse 23

īśvara-praṇidhānāt-vā |

In Sūtra 1.23 Patañjali introduces the principle of Īśvara along with the Upāya involved in cultivating a link.

Firstly, what represents Īśvara for you?
Secondly, how is Praṇidhānā an Upāya?