

श्रद्धा

Chapter One Samādhi Pādaḥ verse 20

śraddhā-vīrya-smṛti-samādhi-prajñā-pūrvakaḥ itareśām |

In Sūtra 1.20 Patañjali introduces four concepts which are progressively linked outcomes of the experiential presence of Śraddhā.

For your own reflection firstly, list these four concepts using your own choice of words to express their qualities and yet one which also illustrates the progressive relationship between them.

Secondly, consider and describe what is it that intervenes within and diverts us from our potential to experience Śraddhā and its progressively linked outcomes?