

108 Yoga Sūtra Study Questions - 19

प्रत्यय

Chapter One Samādhi Pādaḥ verse 19

bhava-pratyayaḥ videha-prakṛti-layānām |

In Sūtra 1.19 Patañjali appears to be alluding to two possible cul-de-sac's for misplaced intention, in terms of experiencing an illusion of freedom. What are they and how can they be avoided?